

LUNCH IS SERVED

AT 11:30AM

MONDAY - FRIDAY

CALL 510-799-8219

MAKE YOUR LUNCH RESERVATIONS

AT LEAST ONE BUSINESS DAY

IN ADVANCE!



REGULAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		ALTERNATIVE ENTRÉES:		11/1
		<p>Daily Entrée Options:</p> <p>Vegetarian Menu Or Cranberry Walnut Chicken w/ Balsamic Vinaigrette</p> <p>Must request alternative entrée in advance.</p>		<p>Fish Tacos w/Salsa & Sour Cream Pozole Soup Stewed Tomatoes Refried Beans Tortilla Fresh Orange</p>
11/4	11/5	11/6	11/7	11/8
<p>COLD PLATE HAPPY BIRTHDAY LOU JANE RHODES! Ham & Swiss Sandwich w/Lettuce, Tomato, Onion, Mayo, Mustard Split Pea Soup Coleslaw w/Carrots Pears</p>	<p>Turkey Coconut Curry Brown Rice Spinach Whole Kernel Corn Juice Cookie</p>	<p>HAPPY BIRTHDAY LORETTA MALONZO! Italian Beef Bake Minestrone Soup Broccoli Tossed Salad w/Dressing Seasonal Fresh Fruit</p>	<p>Breaded Pollock w/Lemon & Tartar Sauce Chicken Orzo Soup Mashed Potatoes Stewed Tomatoes Roll w/Butter Apricots</p>	<p>VETERANS DAY MEAL HAPPY BIRTHDAY MARICRIS MOJICA! Oven Fried Chicken Scalloped Potatoes California Vegetables WW Roll w/ Butter Seasonal Fresh Fruit Orange Poke Cake</p>
11/11	11/12	11/13	11/14	11/15
<p>CLOSED</p> <p>VETERANS DAY</p>	<p>Pork Loin w/Creamy Dijon Sauce Garlic Whipped Potatoes Scandinavian Vegetables Whole Wheat Roll w/Butter Tropical Fruit</p>	<p>Spaghetti w/Turkey Meat Sauce & Cheese Hearty Vegetable Soup Brussels Sprouts Spinach Salad w/Dressing Seasonal Fresh Fruit</p>	<p>Orange Glazed Chicken Asian Cabbage Soup Mixed Vegetables Brown Rice Juice Cookie</p>	<p>Beef & Bean Chili w/Cheddar Cheese Cornbread w/Butter Zucchini Green Salad w/Dressing Mandarin Oranges</p>
11/18	11/19	11/20	11/21	11/22
<p>Breaded Fish Sandwich w/Cheese, Shredded Lettuce, & Tartar Sauce on a Whole Grain Bun Creamy Mushroom Soup Italian Vegetables Fresh Orange Brownie</p>	<p>Thanksgiving Breakfast Event @ 8:30am - 10am</p> <p>Lunch @11:30am New! Greek Chicken Brown Rice California Vegetables New! Tomato, Cucumber, & Feta Salad Gelatin w/Pears</p>	<p>Pork Carnitas w/Salsa Cream of Spinach Soup Cilantro Coleslaw Pinto Beans Tortilla Apricots</p>	<p>Spaghetti & Meatballs w/Parmesan Cheese Winter Vegetables Tossed Salad w/Dressing Seasonal Fresh Fruit</p>	<p>THANKSGIVING DINNER HAPPY BIRTHDAY ANA SMITH (23RD)! Roasted Turkey w/Gravy Mashed Potatoes Scandinavian Vegetables Stuffing Cranberry Sauce Pumpkin Pie</p>
11/25	11/26	11/27	11/28	11/29
<p>Meatloaf w/Gravy Mashed Potatoes Bean Medley Whole Wheat Roll w/Butter Seasonal Fresh Fruit</p>	<p>COLD PLATE Seafood Louie Salad w/Mock Crab and 1000 Island Dressing Lentil Soup Whole Wheat Roll w/Butter Citrus Fruit</p>	<p>HAPPY BIRTHDAY LUCY NAMUCHE! Pineapple Glazed Chicken Egg Drop Soup Brown Rice Mixed Vegetables Green Salad w/dressing Fresh Orange</p>	<p>CLOSED</p> <p>THANKSGIVING DAY</p>	<p>CLOSED</p> <p>DAY AFTER THANKSGIVING</p>

Please call 510-799-8219, to reserve your lunch, one day in advance by noon. Menu available at www.HerculesCa.gov